



Technology for Better Buildings

RATES for LONG's BENEFIT PLANS

MEDICAL PLAN RATES		
Medical Provider Networks: CO = www.cofinity.net NV = www.PHCS.com UT = www.beechstreet.com WY = www.PHCS.com (Healthy Directions)		Provider email: www.umar.com How to read the chart: "Deductible / 90%" means, "Once your deductible is met/paid, Insurance pays 90% of charges."
Standard Plan	In Network	Out of Network
Monthly Premium Payments (Pretax)	Employee: \$50/month Employee plus Spouse: \$225/month Employee plus Child(ren): \$200/month Family: \$425/month	
Annual Deductible	\$1000 per person per year Max of 3 deductibles OR \$3000 per family per year	
Physician's Office Visit	\$40 Copay / 100%	Deductible / 60%
Maximum Out of Pocket Expenses	\$3,000 per person per year \$9,000 for family per year	\$5,000 per person per year \$15,000 for family per year
Prescription CoPays	34-Day Supply \$20 Generic \$40 Preferred \$60 Non-Preferred	90-Day Supply \$40 Generic \$80 Preferred \$120 Non-Preferred
Buy Up Plan	In Network	Out of Network
Monthly Premium Payments (Pretax)	Employee: \$145/month Employee plus Spouse: \$480/month Employee plus Child(ren): \$420/month Family: \$840/month	
Annual Deductible	\$500 per person per year Max of \$1000 per family per year	
Physician's Office Visit	\$20 Copay / 100%	Deductible / 70%
Maximum Out of Pocket Expenses	\$1,500 per person per year \$4,000 for family per year	\$3,500 per person per year \$10,000 for family per year
Prescription CoPays	34-Day Supply \$10 Generic \$25 Preferred \$35 Non-Preferred	90-Day Supply \$20 Generic \$50 Preferred \$70 Non-Preferred

DENTAL PLAN RATES	
Monthly Premium Payments (Pretax)	Employee: \$10/month Employee plus Spouse: \$40/month Employee plus 1 Child: \$40/month Family (over 2 covered): \$80/month
No Network. Claims are paid per 90% Usual and Customary (U&C)	

VISION PLAN RATES	
Monthly Premium Payments (Pretax)	Employee: LONG pays Family (over 2 covered): \$1/month
Find EyeMed Network Vision Provider at www.eyemedvisioncare.com	

For a Summary Plan Document, please request copy from HR. If you are an Equipment Sales employee, please see HR for your rates.