



UnitedHealthcare

How To Find A Provider

1. Go to www.umar.com.
2. Click the tab on the left hand side called "Find a Provider".
3. A new screen will pop-up. Under "Find a Provider," select the link for "Medical".
4. Another new screen will pop-up. Under "Medical Provider Search/ Network Links", select the letter "U".
5. Under section "U", select the link called "United Healthcare Options PPO". There is a link for Spanish site too.
6. Under Medical, click the link "here to access the UHC Provider Search Application".
7. Another new screen will pop up. At this point, you have the option to search for a Physician, for a Hospital or Other Facility, or for Medical Equipment or Supplies. Select an option and click "Continue".
8. Now you can "Search for a Physician by Name, Location and/or Specialty" (top bullet) or "Search for Hospital or Other Facility" (tab on bottom of page next to continue). Hint: using the other bullets on the top of the page is more complicated than the first bullet.
9. You will need to fill in whatever criteria you want to search on under Tabs 2, 3, and/or 4 before continuing. The criteria can be physician name, your address, or physician language/gender. The minimum is city, state, and zip code. Then click on continue.
10. You will go to another screen where you can input specialty of the physician or facility to narrow your search. Hit continue to get the list of providers or facilities based on your criteria.
11. Search results will appear on your screen. You can print the list from this screen.

You can also call UMR Customer Service to find a provider for you.

Please call UMR at 800-826-9781.

You will need your UMR ID or your SSN when you call.